

# SAYING V DOING

Building Psychological Safety through actions

## WE SAY...



I value your ideas and input



I'm always open to your feedback



I want you to tell me when I get stuff wrong

## WE DO...



- Take time to listen and document the ideas
- Where possible, incorporate the ideas
- Publicly credit the input provided



- Create structured opportunities for feedback
- Notice your own emotional reactions
- Thank the provider - take time to process
- Return to report on actions taken
- Share the interaction with the wider team